## STACEY CHILLEMI

stacey@staceychillemi.com / 973.759.3020 / staceychillemispeaks.com

# Keynote/Workshop/Sessions 

"Rise Above: Empowering People to Conquer Life's Challenges"

## Abstract

As a woman with a disability, I created this talk to empower people with disabilities to reclaim control over their lives and dreams, despite any medical conditions they may be facing. This concise and impactful presentation provides attendees with the inspiration and practical tools they need to rise above their circumstances and lead fulfilling, successful lives.

By booking this talk, event planners can offer attendees a life-transforming experience that empowers them to conquer life's challenges, navigate their health conditions with confidence, and create the life they desire.
"Great speaker! Enjoyed her presentations at the conference. Stacey is an excellent presenter. I thoroughly enjoyed her talks at the DDS conference we attended in Casper. I am looking forward to hearing more from her in the future."

- Tammy Gamino, Southwest Wyoming Recovery Access Programs


## Learning Objectives:

1. Motivation and Inspiration: Attendees will be inspired to overcome their health conditions and live life to the fullest, both personally and professionally.
2. Empowerment Strategies: This talk provides practical strategies to manage health conditions effectively without letting them hinder goals and aspirations.
3. Improved Productivity and Well-being: Attendees will learn techniques to enhance productivity and efficiency while prioritizing their overall well-being.

## References

1. Natalie L. Boehm, MBA, RBLP-T, President and Founder, The Defeating Epilepsy Foundation, 909.740.4461, nboehm@defeatingepilepsy.org
2. Kayla Green, Project Management Analyst, Wyoming Governors Council on Developmental Disabilities, 307.777.7358, kayla.green@wyo.gov
