



STACEY CHILLEMI

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Live Keynote/Workshop Speaker/Virtual Proposal

"Empower Yourself! Don't Let Your Condition Empower You"

Abstract

Everyone desires to lead a life that gives them a feeling of self-worth, to know that their life impacted others and made a difference. However, the whirlwinds of life create challenging obstacles that often pull from every direction leading to frustration, overwhelm, and the thoughts of giving up.

This inspiring session pulls from my 25-year research that led to a proven methodology of coping with the significant mental and physical impact and rising above it so that a person suffering from a condition can achieve a life of significance.

There is an "empowered person" who lives within each of us, and each individual has the opportunity to overcome their fears and obstacles so they can live the life they deserve.

"Stacey is an incredible human who has the gift of helping people take back their power and thrive despite challenges. She's authentic and charismatic and genuinely encapsulates what it takes to transform your life. She's a real one!"

- Iman Gatti, Author, Speaker, and Grief Recovery Specialist

Learning Objectives

1. Learn the five principles to master how to overcome the challenges in your life, conquer fear, become empowered & stop feeling helpless.
2. Discover how you can create a happy life and discover your true potential.
3. Take away five real actions to apply immediately that will make a difference in life.

References

- Natalie L. Boehm, MBA, RBLP-T, President and Founder, The Defeating Epilepsy Foundation, 909.740.4461, nboehm@defeatingepilepsy.org
- Carol Sivillo, Vice President of the Italian American Culture Club, Westlake Golf and Country Club 732.887.5511